

**1981 Girls Varsity Basketball Team,**

Mt. Diablo

**Team :**

1981 1981

<b>High School</b>	Mt. Diablo	Coach
High School Record(s):		
League Accomplishments:		
Section Accomplishments:		
State Accomplishments:		
Special Honors:		

<b>College</b>	Coach
College Sports:	
College Records:	
Conference Accomplishments:	
National Accomplishments:	
Special Honors:	

<b>Professional</b>
Honors:

**Summary Of Achievements**

20 Wins, 6 Losses

#1 in East Bay, 4 weeks

Went on to North Coast

**Bachman, Katie**

Mt. Diablo

**Athlete** : Volleyball, Soccer, Softball

1987 1991

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

JV Volleyball

1987-88

1988-89 Team Captain

1988-89 Most Valuable Player

Varsity Volleyball

1989-1990

1990-1991

Varsity Soccer

1989 Team Captain

1989 Red Devil Award

1989 All DVAL

1990 Team Captain

1990 Red Devil Award

1989 All DVAL

Varsity Softball

1988

1989

1990 All DVAL

1991 Team Captain

1991 Red Devil Award

1991 All DVAL

**Chavez, Christine**

Mt. Diablo

**Athlete** : Basketball, Volleyball, Soccer, Track, Xcountry

1985 1989

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

JV Basketball 1986-87, 1987-88

Varsity Basketball 1988-1989

JV Volleyball 1988

Varsity Soccer 1988

Varsity Track 1986, 1987, 1988, 1989

JV Cross Country 1986

Varsity Cross Country

1987 Most Improved

1988 Most Improved

8 Varsity Letters

**Clough, Richard**

Mt. Diablo

**Athlete** : Football, Track, Basketball

1958 1962

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** San Jose State Coach

College Sports: Football, Track, Soccer

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements****1958-59**

Lettered in Freshman Football, Basketball, Track (B)

**1959-60**Lettered in JV Football - Minor sports award for JV Football  
Basketball (B) - Minor sports award for (B) Basketball**1960-61**Lettered in Varsity Football  
JV Basketball 0 Minor Award for JV Basketball  
Varsity Track - Awarded most improved track man  
Awarded one of two perfect physical fitness test scores for the school**1961-62**-- **Lettered in Varsity Football:** 1st string, all county/league end, unanimous choice -- chosen team's most valuable lineman-- **Varsity Basketball**-- **Varsity Track:** Placed 5th in the California High School Track Meet in 120 yard High Hurdles -- Chosen Most Valuable Track man -- School record for high hurdles and low hurdles -- Tied league record in high hurdles.

-- Awarded six other Block "D's" - Block "D" Society President

**Connors, Mike**

Mt. Diablo

**Athlete** : Football, Swimming

1963 1967

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** D V C, Weber State, Chico 1967 1971 Coach  
State

College Sports: See Summary

College Records: See Summary

Conference  
Accomplishments: See SummaryNational  
Accomplishments: See Summary

Special Honors: See Summary

**Professional**

Honors:

**Summary Of Achievements**

MDHS - 1963-67

- Freshman, JV and 2 years Varsity Football
- 4 years Varsity Swimmer
- 1967 League Champion Butterfly

DVC (1967-68)

- Football Offensive and Defensive Starter
- All Conference Defensive Tackle (67 & 68)
- Golden Gate Conference Champions (1968)
- State Playoff Participants (1968)

Weber State College, Utah (1969)

- Awarded full-ride scholarship
- Offensive Guard, Tackle, Tight End

Chico State (1971)

- 1971 All Conference Offensive Guard
- 1971 Honorable Mention All West Coast
- Far Western Conference Champions
- 1971 Camelia Bowl, vs. Boise State

**Duby, Bill**

Mt. Diablo

**Athlete** : Football, Baseball, Basketball, Track

1981 1984

**High School**

Mt. Diablo

Coach Vallis

High School Record(s): 10 Varsity Letters

League Accomplishments: DVAL All League Football, All Eastbay Football, All Examiner Football

Section Accomplishments: North Coast Track (Long Jump); Triple 440 Relay

State Accomplishments:

Special Honors:

**College** S F State

Coach

College Sports: Football

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

10 Varsity Letters

3 years - Football

3 years - Baseball

3 years - Basketball

1 year - Track

DVAL

All League Football (2 yrs)

All Eastbay Football

All Examiner Football

**Egbert, Paul**

Mt. Diablo

**Athlete** : Track, Football

1948 1952

<b>High School</b>	Mt. Diablo	Coach	Dick Miller, P O'neil, R Franz, H Fairclough, A Poulin, J Millard
High School Record(s):	Discus, 220 yard dash,		
League Accomplishments:	League Champions 1949		
Section Accomplishments:			
State Accomplishments:			
Special Honors:			

<b>College</b>	East Campus Contra Costa College	Coach	
College Sports:	Track		
College Records:			
Conference Accomplishments:			
National Accomplishments:			
Special Honors:	Far East Football Champions 1955		

**Professional** Orange Coast Rhinos 1956, Mtz. Raiders 1957  
Honors:

## Summary Of Achievements

### High School

**JV Football 1949:** County League Champions

**Varsity Football (1950-1951)** Kickoff Avg. 42.1 yards, Punt Avg. 37.1 yards

Track. Broad Jump, 220 yard dash, Discus, Relays

**Varsity Track 1950:** 3rd place County Championship Track meet May 5th 1950 Broad Jump

**Varsity Track 1951:** In 6 dual meets. Won 16 out of 25 events entered.

Contra Costa County High School All-Star, vs. U.C. Freshmen April 13th

3rd place discus (Only CCC High School athlete to place 3rd or above.)

County Championship Track meet May 7th 1st place discus New School Record. 1st place broad jump, North Coast Section Division meet May 12th

2nd place discus, 5th place broad jump

**Varsity Track 1952:** In 5 dual meets won 19 of 20 events entered

Team Captain and ran the last 220 yard leg for the Senior winning team in the first ever interclass relays. Dual meet with Piedmont. April 3rd 1st place 220 yard dash New School Record. Contra Costa and Alameda High School All-Star track team vs. U.C Freshmen and JV team. Ran 3rd leg on the winning All-Star 880 yard relay team. Named by the Concord Transcript Scoreboard. June 1952 as one of the top Mt. Diablo all around Athletes for 1951-1952.

**Military Service Sports:** Northern Air Force Decathlon Championship 1955

Far East Football Champions 1955

**1956 Olympic Trials** at Riverside ,Calif.

**Semi Pro Football:** Orange Coast Rhinos 1956, Mtz. Raiders 1957

### College

*East Campus Contra Costa College* Track dual meet against Vallejo JC. April 12th 1957 (1st place: 100 yd dash, Broad jump, Discus)

**Fejerang, Joe**

Mt. Diablo

**Athlete** : Football, Track

1972 1975

**High School** Mt. Diablo Coach Vallis

High School Record(s): North Coast Shot Put/Discus

League Accomplishments: All DVAL Football, All Eastbay Football, All DVAL Track (Shot put/Discus)

Section Accomplishments: All North Coast Champ. 1975 (163.9)

State Accomplishments: Cal. State Track Meet in Discus

Special Honors:

**College** D V C, Boise State Coach

College Sports: Football

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

2 years on Varsity Football Team

2 years on Varsity Track

North Coast Shot Put/Discus

All DVAL Football, All Eastbay Football, All DVAL Track (Shot put/Discus)

All North Coast Champ. 1975 (163.9)

Cal. State Track meet in Discus

**Flaggs, Antonio**

Mt. Diablo

Athlete : Basketball

2002 2006

**High School** Mt. Diablo Coach Greg Battles

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Diablo Valley / Sacramento State 2006 2008 Coach Steve Coccimiglio / Brian Katz

College Sports: Basketball

College Records:

Conference

Accomplishments: Big 8 Conf. Champions (2008)

National

Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**- **MDHS Varsity Basketball** (2003-2006) Guard/Forward**2004 - 2005**

- Honorable Mention All-DVAL

- 2004 Divisional Playoffs

- Athlete of the Week (2/14/05) Scored 44 pts. in 2 wins over Acalanes &amp; Dublin

Unanimous First-Team All-DVAL

2nd in League Scoring -- 17.1 pts. per game

Honorable mention All Contra-Costa - Tri Valley Basketball Team

**2005 - 2006**

- Unanimous First Team All-DVAL

- League Leading Scorer (23.0 pts. per game)

- 70% Free Throw Shooter

- Named one of the Top 100 Athletes Contra Costa County

- Named to the East Team in the annual Safeway Charities All-Star Game (March 2006)

**Humboldt State (2006-2007)**

- Point Guard (19W-3L) Conference Champions

**Diablo Valley College (2006-2008)**

- Varsity Basketball (2007-2008)

- Big 8 Conference Champions 2008

- Named Star of the Week (1/18/2008)

- Scored 17 pts. in win over Modesto

- Named Star of the Week (2/14/2008)

- Scored combined 35 pts. in wins over American River &amp; San Joaquin Delta

- First Team All-Big 8 Conference

**Sacramento State (2008-2009, 2010-2010)**

**Gomez, Sandy**

Mt. Diablo

**Athlete** : Basketball Volleyball, Softball

1978 1981

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** U C Davis Coach

College Sports: Soccer

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

4 years - Varsity Basketball

4 years - Varsity Volleyball

4 years - Varsity Softball

Senior Class Vice President, had to assume Presidency midyear

All DVAL Basketball 1980 &amp; 1981

**Hayworth, Harold**

Mt. Diablo

Athlete : Track

1952 1956

High School	Mt. Diablo	Coach
High School Record(s):	88 yd relay, 100 yd dash, 220 yd dash, 880 yd relay,	
League Accomplishments:	County Championship	
Section Accomplishments:		
State Accomplishments:		
Special Honors:		

College	Coach
College Sports:	
College Records:	
Conference Accomplishments:	
National Accomplishments:	
Special Honors:	

Professional
Honors:

**Summary Of Achievements**

**1953 Varsity Track** (County League Track Meet Champions, Block D Award) **Varsity Football** (League Champions 8 wins 0 losses)

**1954 Varsity Track** (Dual meet with El Cerrito, March 15th, 1st place Broad Jump 19'-4" - Dual meet with Lowell of San Francisco, March 22nd (1st place 100 yd dash 10.6 1st place 220 yd dash 23.4) - Dual meet with Acalanes, March 26th (1st place 100 yd dash 10.2, 1st place 220 yd dash 23.00, 1st place Broad Jump 19'-2-1/2") - Dual meet with Berkeley, March 31st (1st place 110 yd dash 10.3) - El Cerrito Relay's. April 3rd (1st place 180 yd Low Hurdles shuttle relay 55.1) New Meet Record, 1st place 110 yd High Hurdles shuttle relay 37.1 New Meet Record - Dual meet with Willow Glen High. San Jose, April 9th (1st place 100 yd dash 10.2) - County Track and Field Championship Meet in Lafayette. May 8th (1st place 88 yd relay 1:31.7 New School Record. Tied County Record, 3rd place 100 yd dash, 2nd place 220 yd dash) May 22nd . Edwards Stadium, Berkeley. North Coast Section Championship. 3rd place 880 yd relay)

**Varsity Football**

**1955 Varsity Track** - Dual meet March 11th with Balboa (1st place 100 yd dash 10.5, 1st place 220 yd dash 23.3, 1st place broad jump 21'-4", Winning 880 yd relay team 1:33.2) - Dual meet March 18th with Antioch (1st place 100 yd dash 10.3, 1st place 220 yd dash 23.3, 1st place broad jump 21'-2-7/8") - Dual meet March 25th with Hayward 1st place 100 yd dash 10.0 New School Record, 1st place 220 yd dash 21.8 New School Record 1st place broad jump 21'-4-3/4" Relay leg winning 880 yd relay team 1:31.1 New School Record - Dual meet April 1st with Acalanes 1st place 100 yd dash 10.2, 1st place 220 yd dash 22.8 - El Cerrito Relays April 16th winning 280 yd HH shuttle relay team 37.2 New Meet Record, - Dual meet with Pittsburg April 29th: 1st place 100 yd dash 10.3, 1st place 220 yd dash 21.6 New School Record, 1st place broad jump 21'-11-1/4", County Championship Trail meet May 4th: 1st place 100 yd dash 9.9 New School and Trail meet Record, 1st place 220 yd dash 22.4 New Trail meet Record, County Championship Track meet May 7th 1st place 100 yd dash 1st place 220 yd dash Member winning 880 yd relay team 1:30.9 New County Record. 2nd place broad jump North Coast Sub-Section Meet May 13th / North Coast Section Championship May 21st

**Varsity Football 1955** 1st team All-DVAL Halfback • 80 yard kickoff return Sept 23rd against Santa Cruz • 92 yard kickoff return Oct 27th against Las Lomas / 95 yard kickoff return Nov 4th against Antioch

**Varsity Track 1956**

March 9th dual meet with Balboa / March 16th 3-way meet with Pleasant Hill & Las Lomas / March 23rd dual meet with Hayward / April 6th dual meet with Acalanes / April 17th dual meet with Piedmont / April 30th dual meet with Pittsburg / May 4th 3-way meet with Antioch and Alhambra / May 10th County Championship Track meet

**Malasavanh, Daniel**

Mt. Diablo

**Athlete** : Wrestling, Tennis

2002 2005

**High School** Mt. Diablo Coach Tony Darone

High School Record(s):

League Accomplishments: DVAL (2004), DVAL (2005)

Section Accomplishments: 4th @ NCS (2004) 3rd @ NCS (2005)

State Accomplishments:

Special Honors:

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

- Varsity Wrestling (2003, 2004, 2005)
- Varsity Tennis (2004, 2005) Honorable Mention
- DVAL Champion (2004)
- NCS Tournament (2004) Placed 4th - Qualified for State Meet
- DVAL Champion (2005)
- NCS Tournament (2005) Placed 3rd - Qualified for State Meet
- Four Career Tournament Titles
- Voted "Most Valuable Wrestler" Albany/Ygnacio Valley Tournament (2005)
- Career Record: 120 Wins / 18 Losses
- Wrestled at 105-137 lbs.

**March, Earl James**

Mt. Diablo

**Athlete** : Swimming, Wrestling

1958 1962

**High School**

Mt. Diablo

Coach Cecaci, Noakes

High School Record(s): 100 yd. Backstroke (B Div) 1:13.4 (1959), Five DVAL Meet Records (1960), Freestyle Relay (1961), Backstroke Div. (1962)

League Accomplishments: 3rd 1962 D. V. A. L.

Section Accomplishments:

State Accomplishments:

Special Honors: Athlete of the year 1961, A A U Swim Team

**College**

Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements****Swimming 1959**1st Place 50 yd. backstroke against Vallejo (3/4/59) 34.5 • 1st Place 200 yd. medley relay team against Washington-SF (3/11/59) 1: 13.4 • 1st place B division 100 yd. backstroke against PH (4/22/59) 1:15.5 **New School Record** B Division • DVAL CC Championship (5/22) 1st place Backstroke 100 yd Backstroke 1:13.4 **New School Rec** B Div**Varsity Swimming 1960**400 yd Freestyle team, DVAL CC Div. (3/11/60) **Meet Record Time** 3:39.1 • DVAL CC Div. Championships (5/6/60) Div. B -1st pl. 50yd Butterfly+100yd Freestyle **Both meet records** • DVAL CC Swimming Championships (5/13/60) Div. B- 1st pl 50yd Butterfly **Meet Record** +100yd Freestyle**Wrestling 1960 - 1961****Varsity Swimming 1961**

3/17/61 vs. Pittsburg:

100 yd Butterfly - **New School Record** • 200 yd Relay **New School Record** • Named "Prep of the Week" by the Concord Quarterback Club for his performance at this meet**Varsity Wrestling 1961-1962****Varsity Swimming 1962**

At Diablo vs. Vallejo (2/28): 1st pl 100 yd • 1st pl 100 yd Backstroke

CC Div. Swim Relay at Pittsburg (3/7/62)

300 yd Backstroke **New Meet Record** • 1st pl 300 yd ID Medley Relay Team • winning 300 yd B/F relay team3/16 vs. Richmond: 1st pl 100 yd Butterfly **New School Record**3/30 vs. Pleasant Hill: 200 yd medley team **New School Record** • 100 yd Butterfly New School Record4/27 DVAL CC Swim Finals: 1st pl. 100 yd Butterfly • 200 yd Medley Relay team • **Both New Meet Records**

Most Valuable Swimmer 1962

**McLaughlin, Mick**

Mt. Diablo

Athlete : Baseball

1960 1964

**High School** Mt. Diablo Coach Steve Bordi

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** University Of New Mexico 1964 1968 Coach George Petrol

College Sports: See Summary

College Records: See Summary

Conference  
Accomplishments: See SummaryNational  
Accomplishments: See Summary

Special Honors: See Summary

**Professional** Chicago Cubs, Cleveland Indians

Honors: Professional tryouts for both teams

**Summary Of Achievements****MDHS**

1963 1st Team All-League (1st Baseman)

1964 1st Team All-League (1st Baseman)

1963-64 Tri-City Player of the Week (3 times)

1964 Received (and declined) full-ride scholarship to St. Mary's

1970 Voted on the Dual All Decade for the years 1960-1969

**University of New Mexico**

1968 All District Honors 1st Team

1968 Nominated for All American Honors

1968 Lead the University in hitting for the 7th ranked New Mexico Lobos ,which still remains the best team ever assembled

1968 Voted most valuable player by the State of New Mexico Umpire Association

**Freshman Records Still Unbroken**

- Batting Average - .560

- Runs batted in - 57

- Most hits &amp; most base hits

**Semi-Pro Record Setting Years**

1963 &amp; 1964 - Pleasant Hill Baseball Association

1965 Concord Rebels

1968 Topps Bubble Gum individual Baseball Cards

**Peebles, Oscar “ Bud ”**

Mt. Diablo

**Athlete** : Baseball, Basketball, Football

1955 1959

<b>High School</b>	Mt. Diablo	Coach	Doug Smith, Carl Anaclerio, Bruce Iverson, Charlie Karp
High School Record(s):	See Summary		
League Accomplishments:	See Summary		
Section Accomplishments:	See Summary		
State Accomplishments:	See Summary		
Special Honors:	See Summary		

<b>College</b>	Coach
College Sports:	
College Records:	
Conference Accomplishments:	
National Accomplishments:	
Special Honors:	

<b>Professional</b>
Honors:

### Summary Of Achievements

#### Freshmen Football 1955

#### Basketball 1956-1957

**JV Baseball 1957:** Batting Avg. .260

**Varsity Baseball 1958:** League Co-Champions, 1st team All-League- 2nd Base, Batting Avg. . .320

#### Varsity Basketball 1958-1959

**Varsity Baseball 1959:** League Champions Undefeated 15 wins 0 loses, 1st team All-League-2nd Base, Batting Avg. .354, Named “Prep Athlete of the Week” by the Concord Quarterback Club, Went 2 for 4 with 5 RBI’s in a 11 to 1 victory over Richmond March 19th

**Perez, Rene**

Mt. Diablo

**Athlete** : Football, Baseball

1983 1987

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**Freshman Football  
1983 Most ImprovedJV Football  
1984 Most ImprovedVarsity Football  
1985 Most Valuable Defensive Lineman  
1985 All DVAL  
1986 Most Valuable Defensive Lineman  
1986 All DVAL

JV Baseball 1984

Varsity Baseball  
1985 All DVAL Tournament Team  
1986 All DVAL  
1986 All DVAL Tournament Team  
1987 All DVAL  
1987  
1987 All Eastbay

**Piedmont, Dick**

Mt. Diablo

**Athlete** : Football, Track, Baseball, Basketball

1941 1945

<b>High School</b>	Mt. Diablo	Coach	Pete Kramer, Jim Millard, Les Williams
High School Record(s):			
League Accomplishments:	1942 Co. League Champions		
Section Accomplishments:			
State Accomplishments:			
Special Honors:			

<b>College</b>	St. Mary's	1945 1947	Coach Jimmy Phelan
College Sports:	Football		
College Records:			
Conference Accomplishments:			
National Accomplishments:			
Special Honors:			

<b>Professional</b>	New York Giants	1950 1950
Honors:	Signed with the Vallejo Semi Pro team 1949 Assigned to the New York Giants training camp in Santa Maria September 1950	

**Summary Of Achievements****C basketball 1941-1942****B Basketball 1942-1943****Varsity Basketball 1943-1945:** Team leading scorer 9.2 points per game avg.**Varsity Football 1944:** 72 yard touchdown run against Alhambra. Team leader with 4 touchdowns.**Varsity Football 1945****Varsity Track 1944-1945****Varsity Baseball 1942-1945** (1942 Co. League Champions)

8 varsity letters

**College.****Football** 1945 - 1947: Played in 1946 Sugar Bowl.**Basketball** 1945-1947**Post College**

American Legion Baseball "Walnut Kernels"

Concord Mustangs 1948

**Professional Achievements**

Signed with the Vallejo Semi Pro team 1949

Assigned to the New York Giants training camp in Santa Maria September 1950

**Powel, Jim**

Mt. Diablo

**Athlete** : Football, Basketball, Baseball

1945 1949

<b>High School</b>	Mt. Diablo	Coach	P O'neil, P Kramer, L Williams, J Millard
High School Record(s):	JV Football 1945-1946, Varsity Football 1947-1948, Team Captain		
League Accomplishments:	First Team All County "Center" 1948		
Section Accomplishments:	Varsity Basketball 1949-1946, 1946-1947, 1947-1948, 1948-1949		
State Accomplishments:	Varsity Baseball 1946, 1947, 1948, 1949		
Special Honors:	Pitched 1 hit game against Pittsburg 1948, Combined with Mario Coppola, Pitched 1 hit game against Liberty 1949		

<b>College</b>	Stanford University	1949 1953	Coach	Coach Taylor, Bob Burnett, Everett Dean
College Sports:	Freshman Football 1949, Freshman Baseball 1950			
College Records:	JV & Varsity Baseball 1951-1952			
Conference Accomplishments:				
National Accomplishments:				
Special Honors:				

<b>Professional</b>	Honors:
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**Summary Of Achievements****Mt. Diablo High**

JV Football 1945 and 1946

Varsity Football 1947 (Honorable Mention All-County)

Varsity Football 1948

Team Captain

1st team All-County

Varsity Basketball 1945 - 1949

Varsity Baseball 1946-1949

**High School Achievements**

Pitched a 1 hit complete game victory against Pittsburg 1948

Combined with Mario Coppola for a 1 hit game victory Liberty 1949

8 Varsity Letters

**College**

Freshman Football 1949

Freshmen Baseball 1950

Varsity Baseball 1951- 1952

**Pree, Angelo**

Mt. Diablo

**Athlete** : Football, Wrestling, Track

2003 2007

<b>High School</b>	Mt. Diablo	Coach
High School Record(s):	See Summary	
League Accomplishments:	See Summary	
Section Accomplishments:	See Summary	
State Accomplishments:	See Summary	
Special Honors:	See Summary	

<b>College</b>	Coach
College Sports:	
College Records:	
Conference Accomplishments:	
National Accomplishments:	
Special Honors:	

<b>Professional</b>
Honors:

**Summary Of Achievements**

2003 Freshman Football - Team MVP, JV Wrestling 2003-2004

2004-2007 Varsity Football

2006 - Team MVP, Team leading rusher (723 yards), 8.5 ave. per carry, honorable mention All DVAL, Rushed for 128 yds. (Alhambra 10/26/06), Rushed for 126 yds. (Acalanes 10/13/12)

2007 Named one of the top athletes of the year by Contra Costa Times, All Eastbay, All around athlete of the year, PJ Cramer Award

2004-2007 Varsity Track

2007 Named All DVAL 100 meter, All DVAL 4x100 Team, Qualified NCS 100 meters, Athlete of the Week (May 2007)

2004-2007 Varsity Wrestling

2004-2005 2nd place 125# DFAL Tournament, CIF Athlete Scholastic Award

2005-2006 2nd place 130# DFAL Tournament, 8th place NCS tournament, CIF Athlete Scholastic Award, MDHS Undergraduate Award

2006-2007 145# DFAL Tournament, 3rd place NCS 145# Tournament

9 Varsity Letters

**Reese, Darron**

Mt. Diablo

**Athlete** : Football, Wrestling, Track

1984 1988

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

Varsity football 1985

- 1986 Outstanding Running Back
- 1987 Most Outstanding Running Back
- 1987 All DVAL Defensive

Varsity Wrestling

- 1984 - 85 Most improved
- 1985-86 Most improved / Team Captain

Varsity Track

1986, 1987, 1988 North Coast Season 200 meter dash, 4x100 meter relay

10 Varsity Letters

**Reese, Pat**

Mt. Diablo

**Athlete** : Basketball, Volleyball, Softball, Track

1980 1984

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

Varsity Basketball (Girls)

1981-82

1983-84 Most valuable player

1983-84 Most valuable player

1983-84 Big "C" award - East Bay Leading Scorer

1983-84 Team 2nd place in league, advanced to North Coast Playoffs

Varsity Volleyball 1983-1984

Varsity Softball 1984

Varsity Track

1983

1984 - Most valuable

8 Varsity Letters

**Rohrer, Melissa**

Mt. Diablo

**Athlete** : Basketball, Volleyball, Track, Softball

1985 1987

**High School** Mt. Diablo Coach

High School Record(s): See Summary

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** Coach

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional**

Honors:

**Summary Of Achievements**

Varsity Basketball 1985-1986

1986-1987 Season Most Valuable Player

1986-1987 Red Devil Award

1986-1998 All DVAL Honorable Mention

Varsity Volleyball

1986 Most Valuable Player

1986 All DVAL 1st Team

1987 Most Valuable Player

1987 All DVAL 1st Team

Varsity Track 1986

Varsity Softball 1986, 1987

7 Varsity Letters

**Silva, Howard**

Mt. Diablo

**Athlete** : Football, Basketball, Golf

1966 1969

<b>High School</b>	Mt. Diablo	Coach
High School Record(s):	See Summary	
League Accomplishments:	See Summary	
Section Accomplishments:	See Summary	
State Accomplishments:	See Summary	
Special Honors:	See Summary	

<b>College</b>	Idaho	Coach
College Sports:	Basketball	
College Records:		
Conference Accomplishments:		
National Accomplishments:		
Special Honors:		

<b>Professional</b>
Honors:

**Summary Of Achievements**

- 1966 Diablo News June 3. Athletes of the Year
- Freshman Football – Howard Silva
- Freshman Basketball – Howard Silva
- 1967 Mid Valley Basketball Classic All Tournament. CC Times Dec 13th, 1967
- CC times highlights sports. Wed, Nov 29, 1967. 'Silva Paces MD with 22 points'...
- CC Times Dec 12, 1968. Del Valle Invitational Basketball tournament. All Tournament.
- Friday Jan 2, 1969. Fitzpatrick Super Sport of the week.
- 1968 / 1969 CC Times, March 7. All DVAL first team. Basketball
- 1968-1969 - Starting quarterback on the varsity football team.
- Concord Inn. May 28, 1969 Mt. Diablo Coaches Association. Athlete of the Year. Diablo District.
- Football – Varsity 2 years
- Basketball – Varsity 3 years
- Co-Captain, Most Valuable
- All DVAL 1st Team.
- Golf – Varsity 1 year
- 1969 June 3, Fitzpatrick super sports awards banquet.
- Basketball Player of the year – Howard Silva. (presented by Rick Barry).
- 1969 Mt Diablo winter sports awards. Howard Silva 'Most Valuable player-basketball.
- Transcript Jan 14, 1970 Charlie Zeno Dynamic Decade Court Team Named. Mt Diablo District.
- Howard Silva 1969.
- 1970 – 1 yr varsity basketball at Idaho as a freshman

**Slattery, Mike**

Mt. Diablo

**Athlete** : Gymnastics, Wrestling

1959 1962

**High School** Mt. Diablo Coach Don Madera, Jim Swan, Ernie Cecaci

High School Record(s): MDHS Physical Fitness Test - Most pull-ups (34)

League Accomplishments: See Summary

Section Accomplishments: See Summary

State Accomplishments: See Summary

Special Honors: See Summary

**College** United States Naval Academy Coach Chet Phillips

College Sports:

College Records:

Conference  
Accomplishments:National  
Accomplishments:

Special Honors:

**Professional** Distinguished Naval Career

Honors: Commander, XO -SEAL Team ONE, Sr, Instructor SEAL Tactics, Commander Naval Warfare Group ONE, Chief of Staff JSOC Ft. Bragg

**Summary Of Achievements****JV Football 1959****Varsity Wrestling 1960****Varsity Gymnastics -1960****Varsity Wrestling 1961****Varsity Gymnastics -1961****Varsity Wrestling 1962****Varsity Gymnastics -1962:** Team leading scorer with 122 points**High School Accomplishments**

1961 Set School Record in Class AA as a Junior with 34 pull-ups

1961 East Bay Division Championship Meet May 14th 4th place Still Rings 3rd place Parallel Bars

1961 Voted Most Valuable Gymnast

1962 East Bay League Gymnastics Championship Meet. 3rd place in the All-Around.

1962 North Coast Section Championship Gymnastics Meet qualifier ( Parallel Bars and Still Rings) 7th place All-Around

1962 Voted Most Valuable Gymnast.

6 Varsity Letters.

**College**

United States Naval Academy

Coach. Chet Phillips

Lettered 4 years in Gymnastics. (Parallel Bars, Still Rings, Top All-Around)

**Souza, George**

Mt. Diablo

**Athlete** : Football, Wrestling, Track

1956 1960

<b>High School</b>	Mt. Diablo	Coach Fairclough, Cecaci, Smith
High School Record(s):	1957-1958 Varsity Wrestling, 1958 JV Football - DVAL League Champs.	
League Accomplishments:	1958 Varsity Track, 1958-1959 Varsity Wrestling, 1959 Varsity Track	
Section Accomplishments:	1959 Varsity Football - DVAL League Champions 8 Wins 1 Lose	
State Accomplishments:	1959-1960 Varsity Wrestling - Team 2nd Place League	
Special Honors:		

<b>College</b>	Coach
College Sports:	
College Records:	
Conference Accomplishments:	
National Accomplishments:	
Special Honors:	

**Professional**

Honors:

**Summary Of Achievements****1956 First Wrestling Team****1957 Wrestling Team****1958 JV Football** (DVAL League Champions-91 yard fumble recovery and run for a touchdown against Pittsburg, November 7th.)**1958 B Gymnastics****1958 Varsity Track****1958 Varsity Wrestling****1959 Varsity Gymnastics****1959 Varsity Track****1959 Varsity Football** (DVAL League Champions)**1959-Varsity Wrestling****1960 Varsity Wrestling****1960 Varsity Gymnastics****Individual High School Achievements**

- 1st place Novice Wrestling Tournament 165 lbs. December 1957
- 3rd place 154 lb Division in the DVAL Contra Costa Div. 1 Championship Wrestling Tournament. 1959
- 3rd place 157 lb division in the DVAL Contra Costa and Foothill Divisions Championship Wrestling Tournament 1959
- Honorable Mention All-League Football 1959 "End"
- North Coast Section Gymnastics Championships 1959. 2nd place Rope Climb
- Voted Most Improved Gymnast 1959
- 1st place DVAL Division 1 Championship Wrestling Tournament 165 lbs "1960"
- Placed in North Coast Section Tournament
- Qualified for State Meet 1960. Record 1 win 1 lose
- Voted Most Valuable Wrestler for 1959-1960 season.

6 Varsity Letters